



# HELPER TRAINING AGENDA

This is our agenda for the Helper Training if everything goes to plan. The timeline and duration information will help you stay on track, whether you are hosting a one-day, multi-day, or weekly training. Select one or two questions for the group discussion. If you have extra time, debrief the Pair & Share in the larger group. Feel free to eat during the videos if you would like.

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| TIMELINE  | DURATION   | <b>MODULE 1: Joining</b>                                   |
|-----------|------------|------------------------------------------------------------|
| 0:00-0:05 | 5 minutes  | Welcome, Prayer, & Orientation (Trailer & Group Agreement) |
| 0:05-0:10 | 5 minutes  | Conversation Starter                                       |
| 0:10-0:35 | 25 minutes | Watch Video Together                                       |
| 0:35-0:45 | 10 minutes | Group Discussion                                           |
| 0:45-0:55 | 10 minutes | Pair & Share                                               |
| 0:55-1:00 | 5 minutes  | Personal Challenge (if weekly) & Closing Prayer            |

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| TIMELINE  | DURATION   | <b>MODULE 2: Prayer and Boundaries</b>              |
|-----------|------------|-----------------------------------------------------|
| 1:00-1:05 | 5 minutes  | Welcome, Prayer, & Conversation Starter (if weekly) |
| 1:05-1:23 | 18 minutes | Watch Video Together                                |
| 1:23-1:33 | 10 minutes | Group Discussion                                    |
| 1:33-1:45 | 12 minutes | Pair & Share                                        |
| 1:45-1:50 | 5 minutes  | Personal Challenge (if weekly) & Closing Prayer     |

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| 1:50-2:00 | 10 minutes | <b>BREAK</b> |
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| TIMELINE  | DURATION   | <b>MODULE 3: See, Hear, Understand</b>              |
|-----------|------------|-----------------------------------------------------|
| 2:00-2:05 | 5 minutes  | Welcome, Prayer, & Conversation Starter (if weekly) |
| 2:05-2:32 | 27 minutes | Watch Video Together                                |
| 2:32-2:42 | 10 minutes | Group Discussion                                    |
| 2:42-2:57 | 15 minutes | Pair & Share                                        |
| 2:57-3:00 | 3 minutes  | Personal Challenge (if weekly) & Closing Prayer     |

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| TIMELINE  | DURATION   | <b>MODULE 4: Listening Like Jesus</b>               |
|-----------|------------|-----------------------------------------------------|
| 3:00-3:05 | 5 minutes  | Welcome, Prayer, & Conversation Starter (if weekly) |
| 3:05-3:22 | 17 minutes | Watch Video Together                                |
| 3:22-3:32 | 10 minutes | Group Discussion                                    |
| 3:32-3:47 | 15 minutes | Pair & Share                                        |
| 3:47-3:50 | 3 minutes  | Personal Challenge (if weekly) & Closing Prayer     |

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| 3:50-4:05 | 15 minutes | <b>BREAK</b> |
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| TIMELINE  | DURATION   | <b>MODULE 5: Gracious Goodbyes</b>                  |
|-----------|------------|-----------------------------------------------------|
| 4:05-4:10 | 5 minutes  | Welcome, Prayer, & Conversation Starter (if weekly) |
| 4:10-4:23 | 13 minutes | Watch Video Together                                |
| 4:23-4:33 | 10 minutes | Group Discussion                                    |
| 4:33-4:50 | 17 minutes | Pair & Share                                        |
| 4:50-4:55 | 5 minutes  | Personal Challenge (if weekly) & Closing Prayer     |
| 4:55-5:05 | 10 minutes | <b>Research Video &amp; Feedback</b>                |
| 5:05-5:10 | 5 minutes  | <b>BREAK</b>                                        |
| TIMELINE  | DURATION   | <b>MODULE 6: From Connection to Direction</b>       |
| 5:10-5:15 | 5 minutes  | Welcome, Prayer, & Conversation Starter (if weekly) |
| 5:05-5:23 | 18 minutes | Watch Video Together                                |
| 5:23-5:33 | 10 minutes | Group Discussion                                    |
| 5:33-5:50 | 17 minutes | Pair & Share                                        |
| 5:50-6:00 | 10 minutes | Next Steps for Your Ministry & Closing Prayer       |